# Allergen Listing

**Expanded / Comprehensive Food Panel**  
*(90 Foods & Food Additives)*

## Dairy
- Milk – Cow
- Cheese – Soft
- Cheese – Hard
- Cottage Cheese
- Goat Cheese
- Yogurt
- Casein
- Whey

## Fruits
- Apple
- Banana
- Berry Mix (1)
- Coconut
- Grapefruit
- Grapes
- Mango
- Melon Mix (2)
- Orange
- Peach
- Pear
- Pineapple
- Plum/Prune
- Strawberry
- Watermelon

## Grains
- Barley
- Bran Mix (3)
- Hops
- Oats
- Rice
- Rye
- Soybean
- Wheat
- Wheat Gluten

## Meats and Poultry
- Beef
- Chicken
- Lamb
- Pork
- Turkey
- Veal

## Seafood
- Cod
- Halibut
- Salmon
- Shellfish Mix (4)
- Shrimp
- Tuna

## Vegetables
- Asparagus
- Avocado
- Bean Mix (5)
- Broccoli
- Carrots
- Celery
- Corn
- Eggplant
- Lettuce
- Mushroom
- Onion
- Peas
- Peppers
- Potato
- Spinach
- Squash
- Sweet Potato
- Tomato

## Spices
- Black Pepper
- Cane Sugar
- Curry
- Garlic
- Jalapeno/Chili Pepper
- Mustard
- Paprika
- Poppy Seed
- Rosemary
- Sesame

## Other
- Aspartame
- Baking Powder
- Bakers Yeast
- Ascorbic Acid
- Carob
- Carrageenan
- Cocoa/Chocolate
- Coffee
- Egg-White
- Egg-Yolk
- Guar
- MSG
- Nitrates
- Nut Mix I (6)
- Nut Mix II (7)
- Parabens
- Peanut
- Sulfites

*(1) Blackberry, Blueberry, Cranberry, Raspberry  
(2) Cantelope, Honeydew  
(3) Oat Bran, Wheat Bran  
(4) Clam, Crab, Lobster, Oyster, Scallop  
(5) Green Bean, Kidney Bean, Lima Bean, Navy Bean, String Bean  
(6) Almond, Cashew, Pecan, Walnut  
(7) Hazelnut, Macadamia, Pistachio
Allergen Listing

Basic Food Panel (46)

Cheese  Hops
Milk    Soybean
Yogurt  Wheat
Eggs    Black Pepper
Apple   Garlic
Banana  Avocado
Citrus Mix (1)  Bean Mix (3)
Grapes  Broccoli
Melon Mix (2)  Carrots
Peach   Celery
Strawberry  Corn
Watermelon  Lettuce
Barley  Mushroom
Oats    Peppers
Rice    Potato
Rye     Tomato

Beef    Chicken
Hops    Pork
Soybean Turkey
Wheat   Cod
Black Pepper  Salmon
Garlic Shellfish Mix (4)
Avocado Shrimp
Bean Mix (3) Tuna
Broccoli Cocoa
Carrots MSG
Celery Nut Mix (5)

(1)  Grapefruit, Lemon, Lime, Orange, Tangerine
(2)  Cantaloupe, Honeydew
(3)  Green Bean, Kidney Bean, Lima Bean, Navy Bean
(4)  Clam, Crab, Lobster, Oyster, Scallop
(5)  Almond, Cashew, Pecan, Walnut
<table>
<thead>
<tr>
<th>Category</th>
<th>Mixes</th>
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</thead>
<tbody>
<tr>
<td>Berry</td>
<td>Blackberry, Blueberry, Cranberry, Raspberry</td>
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<tr>
<td>Citrus</td>
<td>Grapefruit, Lemon, Lime, Orange, Tangerine</td>
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<tr>
<td>Melon</td>
<td>Cantelope, Honeydew</td>
</tr>
<tr>
<td>Bran</td>
<td>Oat Bran, Wheat Bran</td>
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<tr>
<td>Shellfish</td>
<td>Clam, Crab, Lobster, Oyster, Scallop</td>
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<tr>
<td>Bean</td>
<td>Green Bean, Kidney Bean Lima Bean, Navy Bean</td>
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<tr>
<td>Nut I</td>
<td>Almond, Cashew, Pecan, Walnut</td>
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<tr>
<td>Nut II</td>
<td>Hazelnut, Macadamia, Pistachio</td>
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<tr>
<td>Cheese-Soft</td>
<td>American, Cream Cheese</td>
</tr>
<tr>
<td>Cheese-Hard</td>
<td>Cheddar, Swiss</td>
</tr>
</tbody>
</table>
Allergen Listing

Mold Panel
(24 Allergens)

**Fungi**
Smut Mix
Curvularia
Cladosporium
Helminthosporium
Stemphylium
Candida Albicans
Monilia
Cephalosporium
Mucor Mix
Trichoderma
Rhizopus
Chaetomium
Phoma
Rhodotorula
Botrytis
Epicoccum
Fusarium
Pullularia
Aspergillus
Nigrospora
Alternaria
Penicillium
Saccharomyces
Cephalothecium
# Allergen Listing

## Pediatric Panel

(32 Allergens)

<table>
<thead>
<tr>
<th>Environmental</th>
<th>Food</th>
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<tbody>
<tr>
<td><strong>Grasses</strong></td>
<td>Eggs</td>
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<tr>
<td>Bermuda</td>
<td>Cheese - Soft</td>
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<tr>
<td>Bluegrass</td>
<td>Milk – Cow</td>
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<tr>
<td>Ryegrass</td>
<td>Peanuts</td>
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<tr>
<td><strong>Weeds</strong></td>
<td>Banana</td>
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<td>English Plantain</td>
<td>Melon Mix</td>
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<tr>
<td>Ragweed</td>
<td>Orange</td>
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<tr>
<td><strong>Fungi</strong></td>
<td>Strawberry</td>
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<tr>
<td>Candida Albicans</td>
<td>Oats</td>
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<tr>
<td>Smut Mix</td>
<td>Rice</td>
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<tr>
<td>Stemphylium</td>
<td>Soybean</td>
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<tr>
<td><strong>Epidermal/Dust/Mites</strong></td>
<td>Wheat</td>
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<td>Housedust-Mites</td>
<td>Beef</td>
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<tr>
<td>Cat</td>
<td>Chicken</td>
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<tr>
<td>Dog</td>
<td>Pork</td>
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<td></td>
<td>Cocoa/Chocolate</td>
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<td>Tuna</td>
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<td>Cane Sugar</td>
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<td>Carrots</td>
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<td></td>
<td>Corn</td>
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<td></td>
<td>Tomato</td>
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</tbody>
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